Call for Papers

Psychiatry and addictions in Europe in the 20th century

International colloquium

Strasbourg (France), 26-27 January 2023


The picture shows Dr Sollier, a famous neurologist and psychologist, facing a dragon with “morphinomania” reading on one of its heads.

“The inebriate although appearing to be in possession of his mind, will always be found on the other side of that mysterious border-line of mental health!.” This observation by physician Thomas Crothers in 1881 is indicative of the fact that alcoholism was never integrated without controversy into the field of psychiatry1 – and the same holds true for other types of addiction. Historians have shown
how social attitudes to the use of addictive substances have evolved over time. They have highlighted the interconnectedness of the history of substances such as opiates, tobacco or alcohol, which were at times incorporated into the same frame of reference, or at other times considered and handled separately.  

The goal of this international colloquium is to explore psychiatry’s contribution to the troubled and non-linear history of the medicalization of addictions in Europe throughout the 20th century. This question should be explored through the lens of medical concepts, institutions of care and cure, as well as patients’ experiences. At the same time, our aim is to explore how psychiatric archives may renew the social history of drugs. Proposals can be made along the five lines of enquiry that we present below.

1. Psychiatry and the medicalization of alcoholism and drug consumption

Various works have charted the emergence of the “disease concept” of alcoholism or drug addiction. But was this disease concept predominantly a psychiatric one? When were alcoholism or drug consumption encompassed in the domain of mental illness – and were they seen rather as a cause, a consequence or as types of mental trouble in themselves? How did psychiatry integrate the concepts of inebriety, toxicomania, etc., to conceive the interrelations between alcohol, tobacco and other drugs, and how were these concepts replaced by the notion of addiction? How did psychiatrists interact with other actors involved in the care and cure of alcoholics and drug addicts, such as self-help or users’ movements, other physicians, or actors from the penal system? Finally, does the recent rise of addictology and neurobiology lead to a ‘depsychiatrization’ of addiction?  

2. Addicted patients and psychiatric institutions

Lunatic asylums have long remained the main locus of care for alcoholics. What about other types of drug users? When and how did specific institutions (public as well as private) for the care of alcoholics and drug users emerge? How did the 20th century shift to outpatient care transform the psychiatric care of addiction? Were psychiatrists able, through consultations, dispensaries, and day clinics, to reach new types of drug users?

3. Psychiatric practices of cure and care

The tension between cure and coercion – at the heart of all psychiatric cure – tends to be exacerbated in the case of addiction, since, on the one hand, the patient’s desire to heal is seen as essential to success, whereas, on the other hand, the will to impose abstinence may encourage the use of coercion. How have psychiatrists conceived the role of coercion and constraint in the cure of their addicted patients? When and how did a psychotherapeutic perspective on drug consumption emerge,
and how were psychiatric interpretations transformed by the advent of psychoanalysis? How was psychiatric care articulated with social work, and how were the addicted patient’s families integrated into the picture throughout the 19th and 20th centuries? Finally, the changing role of medication in the cure of alcoholism and drug addiction can be explored. How did psychiatry’s use of psychoactive substances contribute to the shifting of the boundaries between legal and illegal substances, between use and abuse? When and how was the problem of iatrogenic toxicomania tackled by psychiatrists?

4. National paths and international circulations

Another important area of investigation concerns the diversity of national responses to drug consumption. Patricia Prestwich has described how, starting from the mid-19th century, alienists were able to achieve an almost absolute monopoly (conceptual as well as institutional) over the question of alcoholism in France9. But the role of the psychiatric profession was much more limited in other countries. What explains these differences? What role did transnational circulations and international psychiatric congresses play in the evolution of conceptions regarding alcohol and drug consumption?

5. Psychiatric archives as new sources for a social history of addictions

Psychiatric archives – and especially admission registers and patient files – usually contain very rich biographical material, which can be used to write a social history of alcohol and drug consumption, bringing new perspectives on a topic that is usually studied from the lens of legislation and public policies, or from that of cultural representations10. What can we know of the social background and biographical trajectories of addicted patients in psychiatric institutions? Psychiatric archives can also be very instructive on the question of the gendered uses and practices surrounding drugs. Finally, taking up the perspective of the “patient’s view”11, can psychiatric patient files be a way to uncover the voice of drug users?

Submission and deadline information

Proposals must be sent to Anatole Le Bras (anatole.lebras@unistra.fr) and Marianna Scarfone (mscarfone@unistra.fr) by September 12, 2022 and should comprise a 400-words abstract and a short CV with contact information.

Organization committee

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Virginia Berridge (London School of Hygiene and Tropical Medicine)
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1 Thomas D. Crothers, “What Shall We Do with the Inebriate?”, *Alienist and Neurologist*, No. 2, 1881, p. 175.
2 Waltraud Ernst and Thomas Müller (eds.), *Alcohol, psychiatry and society. Comparative and transnational perspectives, c. 1700-1990s*, Manchester, Manchester University Press, to be published, October 2022.